

# After School Programs



# After School Programs

## Kids Yoga

with Miss Marci

Mondays 3:00-3:45 PM

Ages 3 - 5 year olds

10 Sessions

Ivy League Students/Campers \$200

Non Ivy League Students \$210

September 17, 24

October 1, 15, 22, 29

November 5, 12, 19, 26



Kids Yoga is a great energy releasing class. Yoga classes help improve strength, flexibility, balance and coordination. Children will also improve self-esteem and feel more relaxed or well-balanced after class. Classes include fun challenging poses, partner and group activities, yoga games and breathing exercises. Please bring water bottle.

## Sports & Games

with Mr. John

Tuesdays 3:00-4:00 PM

Ages 3 - 5 year olds

11 Sessions

Ivy League Students/Campers \$220

Non Ivy League Students \$230

September 18, 25

October 2, 9, 16, 23, 30

November 6, 13, 20, 27



A great class for your child to exercise, play, and learn about teamwork! Many sports will be introduced while they gain strength, balance, agility, and flexibility in a fun and positive environment. Please send your child with a water bottle and wear sneakers. Please bring water bottle.

## Karate

with Sensei David Rosenberg

Wednesdays 3:00-3:45 PM

Ages 3 - 5 year olds

10 Sessions

Ivy League Students/Campers \$200

Non Ivy League Students \$210

September 26

October 3, 10, 17, 24, 31

November 7, 14, 21, 28



Monmouth Karate Academy teaches shotokan karate utilizing developmentally appropriate practices for preschoolers. We also emphasize age appropriate social skills while boosting children's self esteem. Please bring water bottle.

Limited Enrollment  
Please call for availability

Ivy League Pre-School  
140 Gordon's Corner Rd. Manalapan, NJ  
732-446-0401

IL Students will be escorted to the program by their teacher and given a snack prior to the start.  
Parent pick up at 4:00 PM

**IVY LEAGUE PRE-SCHOOL 140 GORDON'S CORNER ROAD, MANALAPAN, NJ 07726  
PHONE 732-446-0401 FAX 732-446-5623 EMAIL marcy.spinner@ivyleaguepre-school.com**

**AFTER SCHOOL PROGRAMS**

Student's Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Mother's Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Father's Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_ @ \_\_\_\_\_

Please list all food allergies that your child may have \_\_\_\_\_

The following people have my permission to pick up my child from Ivy League Pre-School:

<u>Name</u>	<u>Relationship</u>	<u>Cell Phone</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

If I cannot be reached in an emergency, please contact:

Emergency Number: Name \_\_\_\_\_ Phone # \_\_\_\_\_

Relationship \_\_\_\_\_

**I am registering my child for the following programs:**

**Kids Yoga** \_\_\_\_

**Sports & Games** \_\_\_\_

**Karate** \_\_\_\_

**Enclosed is my check.**

**Please make check payable to Ivy League Pre-School.**

**Signature of Parent or Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_